

Bonding Day

Report by Clodagh Doyle and Samanta Lengvenyte

On the 8th of September, all TY's took part in a Bonding Day that took place in the school which involved various activities. Despite the awful weather conditions, the TY's had fun while getting to know each other in their class groups. Each class had different activities to do at different times throughout the day. The activities were:

Scavenger/Treasure Hunt with Ms. Flynn

The TY's were given certain tasks to complete, from counting all of the hand sanitizers in the school building, taking photos in Min Ryan Park, and so much more. The aim was to finish the task's first and of course, get them all right!

Games with Ms. Pheasey

One of the games were, 2 truths and 1 Lie. The rules of the game were that each person had to say two truths and one lie, then everyone had to guess which was a lie. This definitely helped the TY's to find out about each other a little bit better. The next game was to rearrange the whole class group into a line according to their date of birth. The rule was to NOT SPEAK! It was very difficult to organise, but we managed it and we did it with great teamwork.

Would You Rather? With Ms. Skelton

This was definitely one of the favourite activities in TY. The game 'Would You Rather?' had many different questions. But to make it more interesting we were asked the question 'why?' For example, there was a question 'Would you rather have a unicorn's horn or a squirrel's tail?' Many students chose a 'squirrel's tail' because they thought it would be easier to hide. This is known as negative thinking and in this activity, we learnt how to get rid of negative thoughts and think more positively. We also learnt more about each other and of course found out more about the teachers.



Meditation with Ms. Culleton and Ms. O'Donoghue

A relaxing part of the Bonding Day was a meditation which took place in the prayer room. We focused on our breathing while listening to tranquil music in the background. By doing a meditation we allowed our minds to de-stress and take a break from our thoughts. TY's also learned about how different scents make you feel a certain emotion and remind you of a memory or place. Then we smelled different essential oils such as lavender, rose and lemongrass and discussed our favourite one.

TY Song Contest supervised by Ms. Zimmermann

Over the Bonding Day each class got to write their own song of what they thought TY meant to them. Then at the end of the day all of the Transition year classes performed their song in the GP area in front of each other and the teachers organising the Bonding Day. Each class song was original and unique, but there had to be an overall winner. The 4.2's were crowned the winners of the TY Song Contest 2021 and for their amazing song and they won a breakfast class. Congratulations 4.2!



Covid-19 is still around during our TY but it's not stopping us from having fun. The Bonding Day was definitely a success and we all found out more about each other. We are thankful to our coordinators, Ms. Zimmermann, Ms. Culleton and Ms. Smyth for organizing this fun day, from treasure hunts to wonderful games to song competitions. A huge thank you to the teachers who organised and participated in this event.